

# HEALTH SUITE AT CENTRE AT7

Monday 25th December 2023 to Sunday 7th January 2024

Monday 25th December (Christmas Day)	Closed
Tuesdays 26th December (Boxing Day)	Closed
Wednesdays 27th December	9:00am - 1:00pm 3:00pm - 5:45pm
Thursdays 28th December	9:00am - 1:00pm 3:00pm - 4:15pm
Friday 29th December	9:00am - 1:00pm 3:00pm - 5:45pm
Saturday 30th December	9:00am - 4:45pm
Sunday 31st December (New Years Eve)	Closed
Monday 1st January (New Years Day)	Closed
Tuesday 2nd January	7:00am - 9:30am 10:00am - 11:00am (Female Only) 11:00am - 1:00pm 3:00pm - 8:45pm
Wednesday 3rd January	7:00am - 9:30am 10:00am - 1:00pm 3:00pm - 8:45pm
Thursday 4th January	7:00am - 9:30am 12:00pm - 1:00pm 3:00pm - 8:45pm
Friday 5th January	7:00am - 9:30am 10:00am - 1:00pm 3:00pm - 8:00pm 8:15pm - 9:00pm (Male Only)
Saturday 6th January	9:00am - 4:45pm
Sunday 7th January	9:00am - 9:45am 12:15pm - 4:45pm