

Health Suite Opening Times Half Term at Centre AT7

Monday

7:00am - 9:30am

10:00am - 1:00pm

3:00pm - 7:45pm

Tuesday

7:00am - 9:30am

10:00am - 10:45am (Female Only)

11:00am - 1:00pm

3:00pm - 8:00pm

Wednesday

7:00am - 9:30am

10:00am - 1:00pm

3:00pm - 8:45pm

Thursday

7:00am - 9:30am

12:00pm - 1:00pm

3:00pm - 8:45pm

Friday

7:00am - 9:30am

10:00am - 1:00pm

3:00pm - 8:45pm

Saturday

9:00am - 4:45pm

Sunday

9:00am - 9:45am

10:00am - 11:45am (Female Only)

12:00pm - 2:45pm